

IN THE SPECIFICATION:

On page 1 of the specification, please amend the title as follows:

~~THERMAL INSULATION METHOD, PROCESS FOR PREPARING AN
INSULATING GEL, AND INSULATING GEL OBTAINED~~METHOD FOR THERMAL
INSULATION, METHOD FOR PREPARATION OF AN INSULATING GEL AND
INSULATING GEL PRODUCED THUS

On page 1 of the specification, please delete the abstract in its entirety and replace it with the attached abstract.